



1

Serve breakfast and hand out raffle tickets (one per family).

2

Have dads introduce their kids and say, "I'm proud of (child's name) this month because..."

3

Say, "Dads, tell your children one thing you were afraid of when you were little."

4

Say this before starting the video clip - "It has been said that courage is not the absence of fear, but taking action in spite of it. All of us have fears. The question is...will we let it paralyze us? Take a look at one man who has overcome fear."

5

After the video say, "How many of you would like his job?"

6

Give out the discussion cards or display the questions on your Power-Point presentation. and say, Let's talk about what makes this guy so cool under pressure."

7

Give the dads their monthly Father Time Challenge - "OK, thanks for sharing with each other, now Dads and kids, here's this month's father time challenge - This month, place a 2 x 4 over two buckets and have your kids walk it like a tightrope. Or identify another fear your children have and help them to overcome it. Let me know how it goes by putting a comment on our All Pro Dad Chapter page. I will share the best story next month, and if it's yours, we will give you an extra raffle ticket next month."

8

Raffle and wrap up - Raffle off your prizes and then thank the fathers for coming, give them the next meeting date, and encourage them to invite a friend.



BONUS ACTIVITY: Have kids stand in front of dad with their eyes closed and do a "trust fall" back into his arms.

