



ALL PRO DAD
AllProDad.com

CONVERSATION THE DAY YOU WERE BORN STARTERS

Tell your children...
how you felt when you found out
their mother was pregnant.

Tell your children...
some of the other names you
considered for them.

Tell your children...
how you served their
pregnant mom.

Tell your children...
where you were when their
mother went into labor.

Tell your children...
what you might have been afraid
of when they were born.

Tell your children...
what a hero their mother was
in labor.

Tell your children...
what happened when you got
to the hospital.

Tell your children...
how you felt when you
saw them for the first time.

Tell your children...
how you felt when you held them
for the first time.

Tell your children...
who visited after they
were born.

Tell your children...
how it felt loading them into the
car for the drive home.

Tell your children...
something cute or sweet they
did in their first few days.