

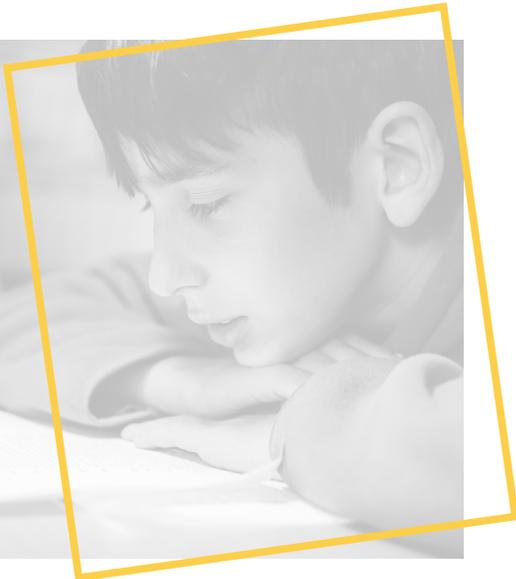
5 WAYS TO START THE SCHOOL YEAR RIGHT



ALL PRO DAD
hgregg

1 >> Gather Important Information.

Track down and organize all of the information you will need to start the year off right. Giving your kids this responsibility is good, however don't assume it will get done. Instead, be sure to go through the checklist with them. Ask them questions so that they will know what they need.



2 >> Have a Plan.

Don't go into the school year without plans in place to achieve success. Create study and homework schedules. Set clear and measurable goals. Communicate the rewards for good work in advance.

3 >> Limit Activities.

The number of activities kids are involved in can be overwhelming. Many kids run around like crazy going from sports to dance to a quick dinner. After that they are up past midnight doing homework. Some activities need to be cut. Your kids will want to do everything and you will need to save them from themselves. Spend time prioritizing together and have them choose the most desired activities.

4 >> Keep Family Time a Priority.

In the hustle and busyness of the school year, family time can take a backseat or disappear altogether. Protect your time together as a family. The time at the dinner table talking, movie nights, playing sports and games, and enjoying your favorite past times have profound influence. Put family time on the schedule and keep it.

5 >> Be Cool.

The beginning of school is a time of anxiety for kids. There are pressures to perform in the classroom, on the athletic field, and on stage, not to mention the social pressures. All of these stresses are elevated when they are moving up from one school to the next. Although it can be worrisome for the parent as well, be careful what you project. Have faith, confidence, optimism, and excitement. Let your kids know you believe in them.

